

# Urgent Care in Las Vegas NV

Call: (702)-220-8001

## CANYON MEDICAL CENTER

**5061 NORTH RAINBOW  
BLVD #180,**

**LAS VEGAS, NV – 89130.**

***OPEN 9 A.M TO 7 P.M - MONDAY TO  
FRIDAY***

***OPEN 9 A.M TO 3 P.M SATURDAYS***

***Walk in clinic Las Vegas. Walk in for your Urgent Care Medical needs. Appointments also arranged within short notice.***

For your non-life threatening medical conditions, illness or injury that requires immediate attention, we offer a convenient walk-in medical clinic serviced by friendly, highly professional, licensed medical providers.

Our **Urgent care** clinic in Las Vegas NV, provides a very good alternative to ER for all your non-life threatening **medical conditions** requiring **immediate care** and **medical attention**. Services provided in our **Urgent care** are **low cost** with shortest wait time ( **Immediate Care** ),

compared to the exorbitantly expensive cost and unacceptable extensive waiting time, provided in any of the [ER in Las Vegas](#).

We accept most of the Insurances and your co-pay and co-insurances are very very low, compared to the expensive Emergency Room visits.

We also provide Cash Plans, which are the lowest for [uninsured patients](#) in las vegas. Details look into [Low Cost Health Care](#)

Canyon Medical Center - [Urgentcare Clinic](#) is located just OFF FreeWay US 95 N - opposite Santa Fe Station Casino.

[Urgent Care](#) - [Walk in Clinic](#) accepts walk ins, to address your non-life threatening medical emergencies. We also provide [Primarycare clinic](#) services.

Our [Urgentcare Doctors](#) - [Physicians](#), practicing in Las Vegas, since 2001. Canyon Medical Center - [Urgent Care Doctors](#) - [Physicians](#) accept most insurances, including [medicare](#).

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## Why go to [Urgent Care](#)?

Call: (702) 220-8001

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For Non-Life Threatening Illnesses; come to our [Urgent Care](#).

For Life threatening emergencies, always call 911 and go to the nearest ER.

For [non-life threatening medical conditions](#), if you go to ER, you are spending way too much money and time.

## Why go to [Urgent Care](#)?

[If you need immediate medical treatment for non-life threatening medical conditions, you should come to our Urgent Care.](#)

For LIFE-THREATENING [MEDICAL EMERGENCIES](#), always call 911 and go to the nearest ER.

If you go to ER for your [non-life threatening medical conditions](#),

- You have to wait for a very long period,, as you will triaged as non-emergency and will be placed way down on the waiting list.
- Most of the Hospital ER's are equipped aand oriented towards dealing with Medical Emergencies.
- So even after long wait, you get multitudine of unnecessary tests - which you may not need in the first place - which will make your visit extremely expensive.
- Your wait time will be way too long - with the modern day ER's clogged with so many patients each time;
- After spending so much money and time, you still won't get any follow up in the ER - as it is going to be a one time visit only for you - as you have to go and see another doctor on the outpatient basis.

Instead, you should come to our [Urgent Care Clinic](#)- for all your non-life threatening medical conditions,

because, you spend less time waiting, you spend way less money, compared to the exorbitant cost of ER visits.

Not only that, you establish primary care with us, so that you will be followed up promptly and your health and well being is looked after.

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Canyon Medical Center - Urgent Care / Primary Care

5061 North Rainbow Blvd #180, Las Vegas, NV 89130

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## Why do you need [Primary Care Doctors](#)?

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Canyon Medical Center has been providing exceptional services with [Urgent Care Primary Care](#) and Medical Care Clinic Services in Las Vegas NV. Call (702) 220-8001 - Our Medical Clinic location is just OFF the FreeWay on US95 N - opposite Santa Fe Station Casino. Extended Hours & Walk in Medical Clinic - Open Extended Hours & Weekends.

Canyon Medical Center - Urgent Care / Primary Care

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Our [Urgent care clinic](#) in Las Vegas NV, provides a very good alternative to ER for all your non-life threatening medical conditions requiring immediate care and medical attention. Services provided in our [Urgent care](#) are low cost with shortest wait time ( Immediate Care ), compared to the exorbitantly expensive cost and unacceptable extensive waiting time, provided in any of the ER.

Our [Primary Care](#) and Medical Care Services will provide you with complete Medical Care, for

your Health and Well being. You should make us, your [Medical Home](#), so that your entire health is looked after and cared for. All your [Primary Care](#) and Annual Health Physical Exams will be done under one roof and your entire Health and Well Being is looked after. This will eliminate, unnecessary tests and repetition of [Health Exams](#) & Tests; done by visits to multiple doctors; which accounts for large portion of the [Health Care](#) costs wasted, as per recent [Health Care](#) researches.

[All individuals either healthy](#) or otherwise need annual Screening Physical Exam.

Both for Preventive Screening

To diagnose any possible diseases at an early stage,  
so that corrective measures to prevent the disease or early treatment to prevent major complications could be taken at the earliest to keep you healthy.

Unless you see our [Primary care Doctors](#) regularly; your underlying disease conditions may go undetected many years, causing harm and irreversible damage to your body;

Look into the staggering Statistics for most of the disease conditions:

In the United States, someone has a heart attack every 34 seconds. Each minute, someone in the United States dies from a heart disease-related event.

Someone in the United States has a stroke every 40 seconds. Every three to four minutes, someone dies of stroke.

Age 20 years or older: 23.5 million that is 10.7% of all people in this age group have [diabetes](#).

About one in three U.S. adults that is 31.3% - has high blood pressure.

More than one in five that is 22.4% people with high blood pressure don't know that they have it.

Approximately one in every six adults that is 16.3% of the U.S. adult population - has high total [cholesterol](#).

People with high total cholesterol have approximately twice the [risk](#) of heart disease as people with optimal levels

Look into our website for details: <http://www.canyonmedicalcenterlv.com/>

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### **What Are High Blood Pressure and Prehypertension?**

Blood pressure is the force of blood against the walls of arteries. Blood pressure rises and falls throughout the day. When blood pressure stays elevated over time, it's called *high blood pressure*.

The medical term for high blood pressure is *hypertension*. High blood pressure is dangerous because it makes the heart work too hard and contributes to atherosclerosis (hardening of the arteries). It increases the risk of heart disease (see box 1) and stroke, which are the first- and third-leading causes of death among Americans. High blood pressure also can result in other conditions, such as *congestive heart failure*, *kidney disease*, and blindness.

A blood pressure level of 140/90 mmHg or higher is considered high. About two-thirds of people over age 65 have high blood pressure. If your blood pressure is between 120/80 mmHg and 139/89 mmHg, then you have *prehypertension*. This means that you don't have high blood pressure now but are likely to develop it in the future unless you adopt the healthy lifestyle changes described in this brochure. (See box 2.)

People who do not have high blood pressure at age 55 face a 90 percent chance of developing it during their lifetimes. So high blood pressure is a condition that *most people will have at some point in their lives*.

Both numbers in a blood pressure test are important, but for people who are age 50 or older, systolic pressure gives the most accurate diagnosis of high blood pressure. Systolic pressure is the top number in a blood pressure reading. It is high if it is 140 mmHg or above.

Risk factors are conditions or behaviors that increase your chances of developing a disease. When you have more than one risk factor for heart disease, your risk of developing [heart disease](#) greatly multiplies. So if you have high blood pressure, you need to take action. Fortunately, you can control most heart disease risk factors.

**Risk factors you can control: Risk factors beyond your control:**

- High blood pressure • Age (55 or older for men; 65 or older for women)
- Abnormal [cholesterol](#) • Family history of early heart disease (having a father or
- Tobacco use brother diagnosed with heart disease before age 55 or
- [Diabetes](#) having a mother or sister diagnosed before age 65)
- [Overweight](#)
- Physical inactivity

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### **Heart disease is the top killer of men and women.**

Learn the signs of a heart attack and the steps to take if one happens. You can save a life—maybe your own.

### **Treatment can stop a [heart attack](#) in its tracks.**

Clot-busting drugs and other artery-opening treatments work best to stop a heart attack if given *within 1 hour* of the start of symptoms.

## Information To Share With [Emergency Medical Personnel/Hospital Staff](#)

[Medicines](#) you are taking: Medicines you are allergic to: If symptoms *stop completely* in less than **5 minutes**, you should still call your [health care provider](#).

▲ Learn the heart attack warning signs. Talk with family and friends about them and the need to call 9-1-1 quickly.

▲ Talk with your health care provider about your risk factors for heart attack—and how to reduce them.

## Plan Ahead

### ▲ [Chest Discomfort](#)

Uncomfortable pressure, squeezing, fullness, or pain in the center of the chest that lasts more than a few minutes, or goes away and comes back.

### ▲ **Discomfort in Other Areas of the Upper Body**

Can include pain or discomfort in one or both arms, the back, neck, jaw, or stomach.

### ▲ [Shortness of Breath](#)

Often comes with or before chest discomfort.

### ▲ **Other Signs**

May include breaking out in a [cold sweat](#), [nausea](#), or [light-headedness](#).

## Heart Attack Warning Signs Minutes Matter

▲ If you or someone else is having heart attack warning signs:

## Call 9-1-1

▲ **Don't wait more than a few minutes—**

**5 minutes at most—to call 9-1-1.**

▲ If symptoms **stop completely** in less than **5 minutes**, you should still call [your health care provider](#)

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[High blood cholesterol](#) can affect anyone. It's a serious condition that increases the risk for heart disease, the number one killer of Americans—women and men. The higher your blood [cholesterol](#) level, the greater your risk.

If there is too much cholesterol in the blood, some of the excess can become trapped in artery walls. Over time, this builds up and is called plaque. The plaque can narrow vessels and make them less flexible, a condition called [atherosclerosis](#) or “hardening of the

arteries.” This process can happen to blood vessels anywhere in the body, including those of the [heart](#), [brain](#), [kidneys](#), legs.

Risk factors are conditions or behaviors that increase your chance of developing a disease. For heart disease, there are two types of risk factors—those you can't change and those you can. Fortunately,

most of the [heart disease](#) risk factors can be changed.

### **Risk factors you can't change**

- Age—45 or older for men; 55 or older for women
- Family history of early heart disease—father or brother diagnosed before age 55, or mother or sister diagnosed before age 65

### **Risk factors you can change**

- [Smoking](#)
- [High blood pressure](#)
- [High blood cholesterol](#)
- [Overweight/obesity](#)



- [Physical inactivity](#)

- [Diabetes](#)

## Knowing Your Cholesterol Level

You can have high cholesterol and not realize it. Most of the 65 million Americans with high cholesterol have no symptoms. So it's important to have your blood cholesterol levels checked.

A typical path to success to reduce Cholesterol would be:

### First Doctor Visit—Start Lifestyle Changes

- Reduce saturated fat, *trans* fat, and cholesterol.
- Increase physical activity moderately.
- If overweight, reduce calories—increase fiber-rich foods to help reduce calorie intake.

—Allow 6 weeks—

### Second Doctor Visit—Check LDL and, If Needed, Add More Dietary Approaches

- Reinforce reduction of saturated fat, *trans* fat, and cholesterol.
- Add plant stanols/sterols.
- Increase soluble fiber.

—Allow 6 weeks—

### Third Doctor Visit—Check LDL and, If Needed, Add Drug Therapy

- Start drug therapy for LDL lowering, if needed.
- Focus on treatment of metabolic syndrome (see pages 70–72)—

reinforce weight management and physical activity.

—Every 4 to 6 months— **Keep Checking Progress**

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**COPD** is the 4th leading cause of death in the United States and causes serious, long-term disability. The number of people with COPD is increasing. More than 12 million people are currently diagnosed with COPD and an additional 12 million likely have the disease and don't even know it. *But there is reason for hope.* You've taken the first step by being aware of your symptoms and seeing your doctor for testing and diagnosis. Now that you know you have COPD, your doctor can suggest treatment options and ways to help you manage COPD and improve your quality of life.

### **what is copd?**

COPD is a serious lung disease that over time makes it hard to breathe. You may also have heard COPD called by other names, like [emphysema](#) or [chronic bronchitis](#). In people who have COPD, the airways—tubes that carry air in and out of your lungs—are partially blocked, which makes it hard for the air to get in and out. COPD develops slowly and worsens over time, so be sure to call your doctor to report any new symptoms or if your current symptoms get worse.

**when you are [diagnosed](#) with copd** There are many things that you can do to make living with **COPD** easier:

#### **Quit Smoking**

If you smoke, the best thing you can do to prevent more damage to your [lungs](#) is to quit. Ask your doctor about new options for quitting.

#### **Avoid Exposure to [Pollutants](#)**

Try to stay away from other things that could irritate your lungs, like dust and strong fumes. Stay indoors when the outside air quality is poor. You should also stay away from places where there might be [cigarette smoke](#).

#### **Visit Your [Doctor](#) on a Regular Basis**

See your doctor regularly, even if you are feeling fine. Be sure to bring a list of all medicines you are taking to each doctor's visit.

#### **Follow [Treatment](#) Advice**

Be sure to take your [medications](#) and follow your doctor's advice on how to treat your disease. If you have any questions—ASK! *Talk with your doctor about treatment options. You can take steps to make breathing easier and live a longer and more active life.*

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